



Marylee Clear

marylee.clear@cvhorizons.com

Marylee is an effective, thoughtful clinician with demonstrated experience working with clients, particularly adults with Obsessive Compulsive Disorder as well as with adolescents, families, and those with trauma histories and developmental issues. Marylee is highly motivated to provide supportive counseling and therapeutic interventions for individuals struggling with anxiety and depression.

WORK EXPERIENCE

Therapist

Clearview Horizons (North Andover, MA)

February 2026 - Present

- Provide individual therapy to children, teens, and adults
- Specialize in OCD and anxiety-related conditions
- Utilize Exposure and Response Prevention (ERP), Acceptance and Commitment Therapy (ACT), and Cognitive Behavior Therapy (CBT) as the main therapeutic approaches with clients
- Collaborate with clients' providers when helpful and upon receiving client consent

Counselor and Unit Manager, Orchard House

McLean Hospital, Obsessive Compulsive Disorder Institute (Belmont, MA)

May 2022 - January 2026

- Provided individual counseling and Exposure and Response Prevention coaching in a residential setting for patients with moderate to severe, or treatment-resistant, OCD and co-occurring disorders
- Co-facilitated psychoeducation-based groups
- Designed curriculum for and led Emotional Regulation Group
- Managed milieu of 6 to 8 patients
- Trained counseling staff

Mental Health Counselor

Lahey Behavioral Health (Beverly, MA)

September 2015 - March 2016

- Counseled individuals using a variety of modalities to help facilitate desired change
- Conducted comprehensive intakes and formulated treatment plans on biopsychosocial assessment
- Led groups for individuals struggling with substance abuse, providing psychoeducation on addiction and the recovery process

Counseling Intern

Glenhaven Academy (Marlborough, MA)

September 2005 - June 2006

- Served as counselor in residential treatment center for adolescent girls who had experienced significant trauma and were unable to benefit from prior placement
- Facilitated group and individual therapy addressing school adjustment issues, learning disabilities, criminal behavior, parental neglect, substance abuse, and recovery from traumas including physical and sexual abuse
- Additionally, served as family counselor working with mothers with young children at home whose fathers were typically absent and had been abusive

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WORK EXPERIENCE, CONT'D.

Director of College Advising

Lexington Christian Academy (Lexington, MA)

Fall 2008

- Guided students through application process, essay writing, college visits, and interviews
- Met with students and parents individually to assess interests and abilities in order to create college list
- Conducted informational sessions with families and wrote letters of recommendation for each senior
- Arranged college admissions representative visits at high school to meet with students and contracted test prep services for on-site SAT and ACT tutoring

Executive Assistant to the Dean of Admissions and Financial Aid

Harvard College (Cambridge, MA)

1987 - 1995, Summer 2000, Summer 2014

- Served as communication liaison for the many constituencies of Admissions Office, including faculty, school counselors, media, and alumni/ae
- Provided administrative and organizational support to Dean
- Sat on Admissions Committee, interviewed college applicants, and visited secondary schools

Staff Assistant to the Director of Harvard College Fund

Harvard College (Cambridge, MA)

1986 - 1987

- Worked with alumni volunteers to raise funds for College from fellow classmates
- Assisted in coordinating telethons, mailings, symposia, and dinners
- Led committee of support staff that organized the inaugural three-day orientation designed specifically for support staff members of Development Office

EDUCATIONAL BACKGROUND

Lesley University

Cambridge, MA

Master's Degree in Counseling Psychology

Class of 2006

Harvard University

Cambridge, MA

B.A. in American History, Extension School

Class of 1992

Graduated cum laude, Dean's List

SKILLS & PROFICIENCIES

- Group and one-on-one therapy
- Interpersonal relations
- Crisis management
- Interviewing skills
- Effective team and independent worker
- Time management and prioritization
- Administrative skills
- Strong work ethic